



## Advocacy

Breast Cancer Action: [bcaction.org](http://bcaction.org)  
California Breast Cancer Research Program: [cbrp.org](http://cbrp.org)  
Metastatic Breast Cancer Network: [www.mbcn.org](http://www.mbcn.org)  
National Breast Cancer Coalition: [stopbreastcancer.org](http://stopbreastcancer.org)  
National Coalition for Cancer Survivorship: [www.canceradvocacy.org](http://www.canceradvocacy.org)  
Research Advocacy Network: <http://researchadvocacy.org>  
Sisters Network Inc: [www.sistersnetworkinc.org](http://www.sistersnetworkinc.org)  
Susan G. Komen Advocate in Science: [www.komen.org/how-to-help/](http://www.komen.org/how-to-help/)  
Young Survival Coalition: [www.youngsurvival.org/be-an-advocate](http://www.youngsurvival.org/be-an-advocate)

## Breast Reconstruction

American Society of Plastic Surgeons: [www.plasticsurgery.org](http://www.plasticsurgery.org)  
Breast Free – The Alternative to Reconstruction:  
<https://www.cancer.org/cancer/types/breast-cancer/reconstruction-surgery/breast-reconstruction-alternatives.html>  
Breast Implants (FDA): [www.fda.gov/MedicalDevices](http://www.fda.gov/MedicalDevices)  
Breast Reconstruction (Breastcancer.org):  
[www.breastcancer.org/treatment/surgery/reconstruction](http://www.breastcancer.org/treatment/surgery/reconstruction)  
Breast Reconstruction.org: [www.breastreconstruction.org](http://www.breastreconstruction.org)  
Breast Reconstruction After Mastectomy (American Cancer Society):  
<https://www.cancer.org/cancer/types/breast-cancer/reconstruction-surgery.html>  
Breast Reconstruction Awareness Campaign: [www.breastreconusa.org](http://www.breastreconusa.org)  
My Hope Chest-Funding Reconstruction for Breast Cancer Survivors:  
[www.myhopechest.org](http://www.myhopechest.org)  
Not Putting on a Shirt: [www.notputtingonashirt.org](http://www.notputtingonashirt.org)  
Reshaping You: Breast Reconstruction for Breast Cancer Patients (MD Anderson):  
[www.mdanderson.org](http://www.mdanderson.org)  
Women's Health and Cancer Rights Act: [www.cancer.org](http://www.cancer.org)

## Cancer Risk

American Institute for Cancer Research: [www.aicr.org](http://www.aicr.org)  
Breast Cancer Risk Assessment Tool (National Cancer Institute):  
[www.cancer.gov/bcrisktool](http://www.cancer.gov/bcrisktool)  
Breast Cancer Prevention Partners: [www.bcphp.org](http://www.bcphp.org)  
Bright Pink: [www.brightpink.org](http://www.brightpink.org)  
Campaign for Safe Cosmetics: [www.safecosmetics.org](http://www.safecosmetics.org)  
Environmental Working Group: [www.ewg.org](http://www.ewg.org)  
Physicians Committee for Responsible Medicine: [www.cancerproject.org](http://www.cancerproject.org)  
Silent Spring Institute: <https://silentspringhttp://ewg.org/g.org>

The Women's Health Initiative: [www.whi.org](http://www.whi.org)  
Think Pink, Live Green (Breastcancer.org): [breastcancer.org](http://breastcancer.org)  
Zero Breast Cancer: [www.zerobreastcancer.org](http://www.zerobreastcancer.org)

## Chemotherapy

Chemocare: [www.chemocare.com](http://www.chemocare.com)  
Chemotherapy (American Cancer Society):  
<https://www.cancer.org/cancer/managing-cancer/treatment-types/chemotherapy.html>  
Chemotherapy (Cancer.net): [www.cancer.net/navigating-cancer-care](http://www.cancer.net/navigating-cancer-care)  
Chemotherapy (Macmillan Cancer Support):  
<https://www.macmillan.org.uk/cancerinformation>  
FDA Drug Database: [www.accessdata.fda.gov](http://www.accessdata.fda.gov)  
MedlinePlus Drugs, Herbs, Supplements: [www.nlm.nih.gov/medlineplus](http://www.nlm.nih.gov/medlineplus)

## Choosing Your Medical Team

American College of Surgeons Find A Surgeon Tool:  
[www.facs.org/search/find-a-surgeon](http://www.facs.org/search/find-a-surgeon)  
American Medical Association: <https://apps.ama-assn.org/doctorfinder/home.jsp>  
Cancer Treatment Facilities by State (Patient Resource): [www.patientresource.com](http://www.patientresource.com)  
Find a Cancer Doctor (Cancer.net): [www.cancer.net/find-cancer-doctor](http://www.cancer.net/find-cancer-doctor)  
U.S. News and World Report Hospital Rankings:  
<http://health.usnews.com/best-hospitals>  
Stanford Second Opinion Program: [stanfordhealthcare.org/second-opinion](http://stanfordhealthcare.org/second-opinion)  
MD Anderson Pathology Second Opinion: [mdanderson.org](http://mdanderson.org)  
Medical Board of California: [www.mbc.ca.gov](http://www.mbc.ca.gov) - California-specific resource  
The Second Opinion: [www.thesecondopinion.org](http://www.thesecondopinion.org) - California-specific resource  
CalhospitalComapre.org: [www.calhospitalcompare.org](http://www.calhospitalcompare.org) - California-specific resource

## Clinical Trials

American Cancer Society Clinical Trials Matching Service: [www.cancer.org](http://www.cancer.org)  
Army of Women: [www.armyofwomen.org](http://www.armyofwomen.org)  
BreastCancerTrials.org: [www.breastcancertrials.org](http://www.breastcancertrials.org)  
Center Watch: [www.centerwatch.com](http://www.centerwatch.com)  
Clinical Trials Information for Patients and Caregivers (National Cancer Institute):  
[www.cancer.gov](http://www.cancer.gov)  
Clinicaltrials.gov: [www.clinicaltrials.gov](http://www.clinicaltrials.gov)  
Emerging Med: <https://app.emergingmed.com/emed/home>  
Lazerex Cancer Foundation: <https://www.lazarex.org>  
Leal Health: [leal.health](http://leal.health)  
Metastatic Trial Talk: <https://metastatictrialtalk.org/>  
Stanford Clinical Trials Directory: <https://med.stanford.edu/clinicaltrials>  
UCSF Cancer Center Clinical Trials: <http://cancer.ucsf.edu/clinical-trials>

## Community Support

Caring Bridge: [www.caringbridge.org](http://www.caringbridge.org)

Jasper: [www.hellojasper.com](http://www.hellojasper.com)

Lotsa Helping Hands: [www.lotsahelpinghands.com](http://www.lotsahelpinghands.com)

Meal Train: [www.mealtrain.com](http://www.mealtrain.com)

My Cancer Circle: <https://mycancercircle.lotsahelpinghands.com>

We're In This Together: <https://wittforever.com/>

MyLifeLine.org: [www.MyLifeLine.org](http://www.MyLifeLine.org)

## Complementary and Integrative Medicine

About Herbs, Botanicals, and Other Products by Memorial Sloan Kettering Cancer Center: [www.mskcc.org](http://www.mskcc.org)

CAM-Cancer: <http://cam-cancer.org>

Cancer Choices: <https://cancerchoices.org/>

Charlotte Maxwell Complementary Clinic: [www.charlottemaxwell.org](http://www.charlottemaxwell.org)

Commonweal Cancer Help Program (in Bolinas): [www.commonweal.org](http://www.commonweal.org)

Complementary and Alternative Medicine (American Cancer Society):

<https://www.cancer.org/cancer/managing-cancer/treatment-types/complementary-and-integrative-medicine.html>

Guide to Understanding Complementary Therapies (Living Beyond Breast Cancer): [www.lbbc.org](http://www.lbbc.org)

Guided Imagery Podcasts (Kaiser Permanente): <https://thrive.kaiserpermanente.org>

Free Guided Meditations (UCLA Health): <http://marc.ucla.edu/mindful-meditations>

Harmony Hill Retreat Center: [www.harmonyhill.org/cancer](http://www.harmonyhill.org/cancer)

Headspace (Guided meditation app):

<https://www.headspace.com/meditation?origin=navigation>

MedlinePlus Drugs, Herbs, Supplements: [www.nlm.nih.gov/medlineplus](http://www.nlm.nih.gov/medlineplus)

National Center for Complementary and Integrative Health: <https://nccih.nih.gov>

Natural Medicines: <https://naturalmedicines.therapeuticresearch.com>

Office of Dietary Supplements (NIH): <http://ods.od.nih.gov>

Oncology Association of Naturopathic Physicians: <https://oncanp.org>

Society for Integrative Oncology: <https://integrativeonc.org>

Society for Oncology Massage: [www.s4om.org](http://www.s4om.org)

Stanford Health Library; Health Journeys:

<https://www.healthjourneys.com/partneraccess/>

The Foundation for Living Beauty: <https://www.livingbeauty.org/>

Thinking About Complementary and Alternative Medicine (National Cancer Institute):

<https://www.cancer.gov/about-cancer/treatment/cam#:~:text=Cancer%20patients%20who%20want%20to,what%20it%20claims%20to%20do.>

Unite for HER: [uniteforher.org](http://uniteforher.org)

## Detection & Diagnosis

Are You Dense? [www.areyoudense.org](http://www.areyoudense.org)

Breast Cancer Screening (National Cancer Institute): [www.cancer.gov/cancertopics](http://www.cancer.gov/cancertopics)

Breast Cancer Tests: Screening, Diagnosis and Monitoring (Breastcancer.org):

[www.breastcancer.org/symptoms](http://www.breastcancer.org/symptoms)

Breast and Cervical Cancer Treatment Program: [www.dhcs.ca.gov](http://www.dhcs.ca.gov) - California-specific resource

Every Woman Counts Cancer Screening and Diagnostic Service: [www.dhcs.ca.gov](http://www.dhcs.ca.gov) - California-specific resource

How Is Breast Cancer Diagnosed? (American Cancer Society):

<https://www.cancer.org/cancer/types/breast-cancer/screening-tests-and-early-detection.html#:~:text=A%20biopsy%20is%20done%20when,for%20sure%20if%20it's%20cancer.>

Mammograms and Other Breast Imaging Procedures (American Cancer Society):

<https://www.cancer.org/cancer/types/breast-cancer/screening-tests-and-early-detection/mammograms.html>

Mammography Facility Database (FDA): [www.accessdata.fda.gov](http://www.accessdata.fda.gov)

Mammogram Fact Sheet (National Cancer Institute):

[www.cancer.gov/cancertopics/factsheet](http://www.cancer.gov/cancertopics/factsheet)

Understanding Breast Changes (National Cancer Institute): [www.cancer.gov](http://www.cancer.gov)

When To Screen For Breast Cancer (Susan G. Komen):

[ww5.komen.org/AboutBreastCancer/ScreeningandEarlyDetection](http://ww5.komen.org/AboutBreastCancer/ScreeningandEarlyDetection)

## Emotional Support

4th Angel Mentoring Program: <https://4thangel.ccf.org/>

After Breast Cancer Diagnosis: [www.abcdbreastcancersupport.org](http://www.abcdbreastcancersupport.org)

Asian American Cancer Support Network: <http://aacsn.org>

Bay Area Young Survivors: [www.baysnet.org](http://www.baysnet.org) - Bay Area-specific resource

BeWellLine: [bewellline.com](http://bewellline.com)

Cactus Cancer Society: <https://cactuscancer.org/>

Cancercare: [www.cancercare.org](http://www.cancercare.org)

Cancer CAREPoint: [www.cancercarepoint.org](http://www.cancercarepoint.org)

Cancer Support Community: [www.cancersupportcommunity.org](http://www.cancersupportcommunity.org)

Firefly Sisterhood: <https://www.fireflysisterhood.org/>

Friend For Life: [www.friend4life.org](http://www.friend4life.org)

HER2 Support.org: <http://her2support.org/>

Imerman Angels: [www.imermanangels.org](http://www.imermanangels.org)

Livestrong Cancer Navigation:

<https://www.livestrong.org/videos/livestrong-cancer-navigation-services>

Living Beyond Breast Cancer: [www.lbbc.org](http://www.lbbc.org)

MyBCTeam: [www.mybcteam.com](http://www.mybcteam.com)

National LGBT Cancer Network: <http://cancer-network.org>

New Hope Chinese Cancer Care Foundation: [www.newhopecancer.org](http://www.newhopecancer.org)

Reach to Recovery (American Cancer Society): [www.cancer.org](http://www.cancer.org)

Shanti's Margot Murphy Women's Cancer Program: [www.shanti.org](http://www.shanti.org) - SF-specific resource

SHARE: [www.sharecancersupport.org](http://www.sharecancersupport.org)

Sharsheret: <http://sharsheret.org>

Stanford Supportive Care Program: <https://stanfordhealthcare.org>

Stupid Cancer: [www.stupidcancer.org](http://www.stupidcancer.org)

Support Connection: <http://supportconnection.org>  
Survivingbreastcancer.org: [survivingbreastcancer.org](http://survivingbreastcancer.org)  
The Ida and Joseph Friend Cancer Resource Center: <http://cancer.ucsf.edu>  
Wildfire Magazine: <http://wildfirecommunity.org>  
Women's Cancer Resource Center: [www.wcrc.org](http://www.wcrc.org)  
Women Care: <http://fsa-cc.org/womencare> - California-specific resource  
Young Survival Coalition: [www.youngsurvival.org](http://www.youngsurvival.org)

## End of Life

Advanced Cancer (Cancer.net): [www.cancer.net](http://www.cancer.net)  
Bill Wilson Center for Living with Dying: [www.billwilsoncenter.org](http://www.billwilsoncenter.org)  
Caring Info: [www.caringinfo.org](http://www.caringinfo.org)  
Coda Alliance: <http://codaalliance.org/>  
Death with Dignity: [www.deathwithdignity.org](http://www.deathwithdignity.org)  
End of Life Care: Questions and Answers (National Cancer Institute): [www.cancer.gov](http://www.cancer.gov)  
Five Wishes: [www.agingwithdignity.org](http://www.agingwithdignity.org)  
Grief, Bereavement, and Coping with Loss PDQ (National Cancer Institute):  
[www.cancer.gov](http://www.cancer.gov)  
Hospice Foundation of America: [www.hospicefoundation.org](http://www.hospicefoundation.org)  
Hospice By the Bay: [www.hospicebythebay.org](http://www.hospicebythebay.org) - Bay Area-specific resource  
Kara Grief Support: [www.kara-grief.org](http://www.kara-grief.org)  
Mission Hospice & Home Care: [www.missionhospice.org](http://www.missionhospice.org) - Bay Area-specific resource  
National Association for Homecare and Hospice: [www.nahc.org](http://www.nahc.org)  
National Hospice and Palliative Care Organization: [www.nhpco.org](http://www.nhpco.org)  
Pathways: [www.pathwayshealth.org](http://www.pathwayshealth.org)  
The Conversation Project: <http://theconversationproject.org>

## Family, Friends & Caregivers

Breathing Spaces: <https://breathingspacesfc.com/>  
Camp Kesem: [www.campkesem.org](http://www.campkesem.org)  
Camp Erin: [www.moyerfoundation.org/camps-programs](http://www.moyerfoundation.org/camps-programs)  
Cancer Really Sucks:  
<https://www.aacr.org/patients-caregivers/patient-advocacy/resource/cancer-really-sucks/>  
Caregiver Action Network: <http://caregiveraction.org>  
Caregiver Support Services (Cancercare): [www.cancercare.org](http://www.cancercare.org)  
Caregivers (Cancer Support Community):  
<https://www.cancersupportcommunity.org/caregivers>  
Caregivers and Family (American Cancer Society):  
<https://www.cancer.org/treatment/caregivers.html>  
Children's Treehouse Foundation CLIMB: [www.childrenstreehousefdn.org](http://www.childrenstreehousefdn.org)  
Coping with Cancer: For Caregivers, Family and Friends (National Cancer Institute):  
[www.cancer.gov/cancertopics](http://www.cancer.gov/cancertopics)  
EmpowerHER: <https://www.empoweringher.org/>  
Helping Children When a Family member Has Cancer: Dealing With Diagnosis  
(American Cancer Society):  
<https://www.cancer.org/cancer/caregivers/helping-children-when-a-family-member->

[has-cancer.html](#)

Inheritance of Hope: <https://inheritanceofhope.org/>

Kara Grief Support: <https://kara-grief.org>

Publications About Caregiving (CancerCare):

<https://www.cancer.org/publications/tagged/caregiving>

Telling Kids About Cancer: <http://tellingkidsaboutcancer.com>

## Fertility and Pregnancy

Breast Cancer During Pregnancy (Living Beyond Breast Cancer):

[www.lbbc.org/get-support](http://www.lbbc.org/get-support)

Circle Surrogacy: <https://circlesurrogacy.com/parents/cancer-survivor-parenting>

Hope For Two: [www.hopefortwo.org](http://www.hopefortwo.org)

Financial Assistance for Fertility Preservation: [www.reprotech.com](http://www.reprotech.com)

RESOLVE: The National Infertility Association: [www.resolve.org](http://www.resolve.org)

## Financial Resources

American Life Fund: <https://www.americanlifefund.com/cancer-grant/>

Benefits Check Up (National Council on Aging): [www.benefitscheckup.org](http://www.benefitscheckup.org)

Best Face Forward (Sharsheret): <http://sharsheret.org/resource/best-face-forward-2-0/>

Breast and Ovarian Cancer Emergency Fund:

<https://www.bayareacancer.org/financial-assistance/>

Breast and Cervical Cancer Treatment Program: [www.dhcs.ca.gov](http://www.dhcs.ca.gov) - California-specific resource

CancerCare Financial Assistance Program: [www.cancer.org](http://www.cancer.org)

CancerCare Financial Assistance Database: [www.cancer.org/helpinghand](http://www.cancer.org/helpinghand)

Cancer Financial Assistance Coalition: [www.cancerfac.org](http://www.cancerfac.org)

Cancer For College: [www.cancerforcollege.org](http://www.cancerforcollege.org)

Cancer in the Family Relief Fund: [www.cancerfamilyrelieffund.org](http://www.cancerfamilyrelieffund.org)

Disability Benefits Help: [www.disability-benefits-help.org](http://www.disability-benefits-help.org)

Dream Foundation: [www.dreamfoundation.org](http://www.dreamfoundation.org)

Every Woman Counts: [www.dhcs.ca.gov](http://www.dhcs.ca.gov) - California-specific resource

Genevieve's Helping Hands: [www.genshelpinghands.org](http://www.genshelpinghands.org)

Financial Considerations (American Society of Clinical Oncology):

[www.cancer.net/all-about-cancer](http://www.cancer.net/all-about-cancer)

Good Days Patient Assistance: [www.mygooddays.org](http://www.mygooddays.org)

Hair To Stay: [www.hairtostay.org/apply-for-a-subsidy/](http://www.hairtostay.org/apply-for-a-subsidy/)

Healthwell Foundation: [www.healthwellfoundation.org](http://www.healthwellfoundation.org)

Jill's Wish: [www.jillswish.org](http://www.jillswish.org)

Nancy's List: <https://nancyslist.org/financial-assistance/>

National Financial Resources Directory (Patient Advocate Foundation):

[www.patientadvocate.org](http://www.patientadvocate.org)

Needy Meds: [www.needymeds.org/](http://www.needymeds.org/)

Patient Advocate Foundation Co-Pay Relief: [www.copays.org](http://www.copays.org)

Patient Services Inc: [www.patientservicesinc.org](http://www.patientservicesinc.org)

Remember Betty: <http://rememberbetty.com>

Rx Assist: [www.rxassist.org](http://www.rxassist.org)

Sense of Security: <https://www.senseofsecurity.org/>

Sisters Network Breast Cancer Assistance Program:

<http://www.sistersnetworkinc.org/programs.html>

Social Security Disability Resource Center: [www.ssdrc.com](http://www.ssdrc.com)

Susan G. Komen Treatment Assistance Program:

<https://www5.komen.org/uploadedFiles/>

The Pink Fund: [www.pinkfund.org](http://www.pinkfund.org)

The Provision Project: <http://provisionproject.org>

The Sam Fund: [www.thesamfund.org](http://www.thesamfund.org)

GoodRx: [goodrx.com](http://goodrx.com)

## Genetics and Hereditary Cancer

ASK2ME: <https://ask2me.org/>

Bright Pink: [www.brightpink.org](http://www.brightpink.org)

BRCA1 and BRCA2: Cancer Risk and Genetic Testing (National Cancer Institute):

[www.cancer.gov](http://www.cancer.gov)

Decision Tool for Women with BRCA Mutations (Stanford):

[www.brcatool.stanford.edu/](http://www.brcatool.stanford.edu/)

FORCE: Facing Hereditary Cancer Empowered: [www.facingourrisk.org](http://www.facingourrisk.org)

Genetics Home Reference: [www.ghr.nlm.nih.gov](http://www.ghr.nlm.nih.gov)

Genetics of Breast and Ovarian Cancer PDQ (National Cancer Institute):

<https://www.cancer.gov/types/breast/hp/breast-ovarian-genetics-pdq>

Genetic Testing for Breast and Ovarian Cancer (UpToDate): [www.uptodate.com](http://www.uptodate.com)

National Society of Genetic Counselors: [www.aboutgeneticcounselors.com](http://www.aboutgeneticcounselors.com)

BRCA/Genetics Sharsheret: [www.sharsheret.org](http://www.sharsheret.org)

## Home Care, Transportation, and Practical Assistance

Air Charity Network: <http://aircharitynetwork.org>

Care Indeed: [www.careindeed.com](http://www.careindeed.com)

Cleaning for a Reason: [www.cleaningforareason.org](http://www.cleaningforareason.org)

Corporate Angel Network: [www.corpangelnetwork.org](http://www.corpangelnetwork.org)

Home Care Assistance: [www.homecareassistance.com](http://www.homecareassistance.com)

Honor: [www.joinhonor.com](http://www.joinhonor.com)

Lifeline Pilots: [www.lifelinepilots.org](http://www.lifelinepilots.org)

National Association of Hospital Hospitality Houses: [www.hhnetwork.org](http://www.hhnetwork.org)

Nurse Registry: [nurseregistry.com](http://nurseregistry.com)

Open Homes (AirBnB): [www.curetoday.com/articles/](http://www.curetoday.com/articles/)

Pink Ribbon Girls: <https://www.pinkribbongirls.org/>

Road to Recovery: [www.cancer.org](http://www.cancer.org)

Roadrunners Transportation:

[www.elcaminohospital.org/services/roadrunners-transportation](http://www.elcaminohospital.org/services/roadrunners-transportation) - Bay Area-specific resource

Seniors At Home: [www.seniorsathome.org](http://www.seniorsathome.org)

The Shanti Project: [www.shanti.org](http://www.shanti.org)

Visiting Angels: [www.angelshomecare.com](http://www.angelshomecare.com)

## Hormonal Therapy

Guide to Understanding Hormonal Therapy (Living Beyond Breast Cancer):

[www.lbbc.org/hormonaltherapyguide](http://www.lbbc.org/hormonaltherapyguide)

Hormonal Therapy (Breastcancer.org): [www.breastcancer.org/treatment/hormonal](http://www.breastcancer.org/treatment/hormonal)

Hormone Therapy (Dr. Susan Love Research Foundation):

[www.drsusanloveresearch.org/hormone-therapy](http://www.drsusanloveresearch.org/hormone-therapy)

## Inflammatory Breast Cancer

Inflammatory Breast Cancer (Dr. Susan Love Research Foundation):

[www.drsusanloveresearch.org](http://www.drsusanloveresearch.org)

Inflammatory Breast Cancer (National Cancer Institute):

[www.cancer.gov/cancertopics](http://www.cancer.gov/cancertopics)

Inflammatory Breast Cancer Research Foundation: [www.ibcresearch.org](http://www.ibcresearch.org)

The IBC Network Foundation: [www.theibcnetwork.org](http://www.theibcnetwork.org)

## Legal Resources

Bay Area Legal Aid: <https://baylegal.org>

Cancer and Careers: [www.cancerandcareers.org](http://www.cancerandcareers.org)

Cancer Legal Resource Center: <http://cancerlegalresources.org>

LawHelpCA: <http://lawhelpca.org> - California-specific resource

Patient Advocate Foundation: [www.patientadvocate.org](http://www.patientadvocate.org)

## LGBTQIA Resources

GLMA, Health Professionals Advancing LGBT Equality: [www.glma.org](http://www.glma.org)

Screening for Breast Cancer in Transgender Men (UCSF):

<http://transhealth.ucsf.edu/trans>

Screening for Breast Cancer in Transgender Women (UCSF):

<http://transhealth.ucsf.edu/>

Support Groups for Survivors-National LGBT Cancer Network:

<https://cancer-network.org/programs/support-groups-for-survivors/>

The LGBT Cancer Project: <https://lgbtcancer.org>

## Lobular Breast Cancer

Lobular Breast Cancer Alliance: <https://lobularbreastcancer.org>

## Male Breast Cancer

A Man Diagnosed with Breast Cancer (Living Beyond Breast Cancer):

[www.lbbc.org/man-diagnosed-breast-cancer](http://www.lbbc.org/man-diagnosed-breast-cancer)

Breast Cancer in Men (American Cancer Society):

[www.cancer.org/cancer/breast-cancer-in-men](http://www.cancer.org/cancer/breast-cancer-in-men)

HIS Breast Cancer Awareness: <http://hisbreastcancer.org>

## Metastatic Breast Cancer



Living with Metastatic Breast Cancer (Living Beyond Breast Cancer):

[www.lbbc.org/mets](http://www.lbbc.org/mets)

Living with Metastatic Breast Cancer (Young Survival Coalition):

[www.youngsurvival.org](http://www.youngsurvival.org)

MBCBrainMets: <https://mbcbrainmets.org/>

Metastatic Breast Cancer Alliance: [www.mbcalliance.org](http://www.mbcalliance.org)

Metastatic Breast Cancer Network:

<https://jnccn360.org/breast/for-your-patients/metastatic-breast-cancer-network/>

Metastatic Breast Cancer Project: [www.mbcproject.org](http://www.mbcproject.org)

METAVIVOR: [www.metavivor.org](http://www.metavivor.org)

Metastatic Trial Search: [www.breastcancertrials.org](http://www.breastcancertrials.org)

METUP: <http://metup.org>

Our MBC Life (SHARE): <https://www.sharecancersupport.org/our-mbc-life/>

Recurrent and Metastatic Breast Cancer (Breastcancer.org): [www.breastcancer.org](http://www.breastcancer.org)

## Nutrition and Exercise

American Institute for Cancer Research: [www.aicr.org](http://www.aicr.org)

Cook for Your Life, Recipes: [www.cookforyourlife.org](http://www.cookforyourlife.org)

Culinary Angels: [www.culinaryangels.org](http://www.culinaryangels.org)

Eating Hints Before, During and After Cancer Treatment: [www.cancer.gov](http://www.cancer.gov)

Eating Well During and After Your Cancer Treatment (Memorial Sloan Kettering):

[www.mskcc.org/cancer-care/patient-education/eating-well-during-and-after-your-treatment](http://www.mskcc.org/cancer-care/patient-education/eating-well-during-and-after-your-treatment)

LiveStrong at the YMCA: [ymcasv.org/livestrong](http://ymcasv.org/livestrong)

Nutrition and Breast Cancer (UCSF): <http://cancer.ucsf.edu>

Nutrition and Physical Activity During and After Cancer Treatment: Answers to Common Questions:

<https://www.cancer.org/cancer/survivorship/be-healthy-after-treatment/nutrition-and-physical-activity-during-and-after-cancer-treatment.html>

Nutrition and Physical Activity Guidelines for Cancer Survivors: [www.cancer.org](http://www.cancer.org)

Nutrition for the Person with Cancer During Treatment: [www.cancer.org](http://www.cancer.org)

Physicians Committee for Responsible Medicine Plant-based Diet: [www.pcrm.org](http://www.pcrm.org)

Pink Power (Peninsula Jewish Community Center):

<https://pjcc.org/programs/pink-ribbon/>

Survivor's Table: [www.survivorstable.com](http://www.survivorstable.com)

The Cancer Fighting Kitchen, Recipe-Box: [www.rebeccakatz.com](http://www.rebeccakatz.com)

## Overview/Current Research Information

American Cancer Society: [www.cancer.org](http://www.cancer.org)

American Society of Clinical Oncology: [www.cancer.net](http://www.cancer.net)

Breast360: [www.breast360.org](http://www.breast360.org)

Breastcancer.org: [www.breastcancer.org](http://www.breastcancer.org)

Breast Cancer Research News (BACC):

[https://www.zotero.org/groups/960194/bay\\_area\\_cancer\\_connections\\_breast\\_cancer\\_research\\_news/library](https://www.zotero.org/groups/960194/bay_area_cancer_connections_breast_cancer_research_news/library)

Cancer.net: [www.cancer.net/cancer-types/breast-cancer](http://www.cancer.net/cancer-types/breast-cancer)  
CancerToday: [www.cancertodaymag.org](http://www.cancertodaymag.org)  
Cure Magazine: [www.curetoday.com](http://www.curetoday.com)  
Disease InfoSearch: <https://www.diseaseinfosearch.org/>  
Dr. Susan Love Research Foundation: <https://drsusanloveresearch.org/>  
Living Beyond Breast Cancer: [www.lbbc.org](http://www.lbbc.org)  
MedlinePlus: [www.nlm.nih.gov/medlineplus](http://www.nlm.nih.gov/medlineplus)  
Medscape Breast Cancer Resource Center: [www.medscape.com](http://www.medscape.com)  
National Cancer Institute: [www.cancer.gov/types/breast](http://www.cancer.gov/types/breast)  
National Comprehensive Cancer Network Guidelines for Patients: [www.nccn.org](http://www.nccn.org)  
National Cancer Institute: [www.cancer.gov](http://www.cancer.gov)  
OncoLink Breast Cancer News: <https://www.oncolink.org/cancers/breast>  
PubMed: [www.ncbi.nlm.nih.gov/pubmed](http://www.ncbi.nlm.nih.gov/pubmed)  
SurvivorNet: [www.survivornet.com](http://www.survivornet.com)  
Susan G. Komen Foundation: [www.komen.org](http://www.komen.org)  
UpToDate: [www.uptodate.com](http://www.uptodate.com)

## Pathology

Breast Cancer Testing (Lab Tests Online): <https://labtestsonline.org>  
Tumor Characteristics (Susan G. Komen):  
<http://ww5.komen.org/BreastCancer/TumorCharacteristics.html>  
Understanding Your Pathology Report (National Cancer Institute): [www.cancer.gov](http://www.cancer.gov)  
Your Guide to the Breast Cancer Pathology Report (Breastcancer.org):  
<https://sharedhealthmb.ca/files/breast-cancer-path-report-guide.pdf>

## Radiation Therapy

Brachytherapy (American Brachytherapy Society):  
[www.americanbrachytherapy.org/resources/for-patients/](http://www.americanbrachytherapy.org/resources/for-patients/)  
Breast Cancer Treatment:  
[www.radiologyinfo.org/en/info.cfm?pg=breast-cancer-therapy](http://www.radiologyinfo.org/en/info.cfm?pg=breast-cancer-therapy)  
Radiation Side Effects Chart PDF: [www.rtanswers.org/uploadedFiles/](http://www.rtanswers.org/uploadedFiles/)  
Radiation Therapy (Breastcancer.org): [www.breastcancer.org/treatment/radiation](http://www.breastcancer.org/treatment/radiation)  
Radiation (Dr. Susan Love Research Foundation):  
[www.drsusanloveresearch.org/radiation](http://www.drsusanloveresearch.org/radiation)  
Radiation Therapy (Susan G. Komen): [ww5.komen.org/BreastCancer/Radiation.html](http://ww5.komen.org/BreastCancer/Radiation.html)

## Side Effects

Chill, Cancer Related Hair Loss: [www.scalpcooling.org](http://www.scalpcooling.org)  
Chemo Diva: <https://chemodiva.com>  
First Aid for People with Cancer:  
<https://pacificmedicalacls.com/first-aid-for-people-with-cancer.html>  
Friend to Friend Specialty Shop: [www.friend2friend.org](http://www.friend2friend.org)- Bay Area-specific resource  
Good Wishes: [www.goodwishescarves.org](http://www.goodwishescarves.org)  
HERS Breast Cancer Foundation: <http://hersbreastcancerfoundation.org>  
Knitted Knockers: [www.knittedknockers.org](http://www.knittedknockers.org)  
Late Bloomers: <https://late-bloomers.org/>- Bay Area-specific resource

Lipstick Angels: [www.lipstickangels.org](http://www.lipstickangels.org)  
Look Good, Feel Better: <http://lookgoodfeelbetter.org>  
Lymphedivas: [www.lymphedivas.com](http://www.lymphedivas.com)  
Managing Cancer-related Side Effects: [www.cancer.org](http://www.cancer.org)  
National Breast Cancer Lymphedema Registry: <https://lernregistry.stanford.edu/>  
National Lymphedema Network: [www.lymphnet.org](http://www.lymphnet.org)  
Pain Management (American Society of Anesthesiologists):  
[www.asahq.org/whensecondscount/pain-management](http://www.asahq.org/whensecondscount/pain-management)  
Side Effects (Living Beyond Breast Cancer): [www.lbbc.org](http://www.lbbc.org)  
The Rapunzel Project: [www.rapunzelproject.org](http://www.rapunzelproject.org)  
“TLC” Tender Loving Care (American Cancer Society): [www.tlcdirect.org](http://www.tlcdirect.org)  
The Next Step: [www.nextstepboutique.com](http://www.nextstepboutique.com)  
Treatment Side Effects (Breastcancer.org): [www.breastcancer.org](http://www.breastcancer.org)  
Understanding the Side Effects of Cancer Treatment (Patient Resource):  
[www.patientresource.com](http://www.patientresource.com)  
Verma Foundation: <https://vermafoundation.org>

## Surgery

Surgery (Breastcancer.org): [www.breastcancer.org/treatment/surgery](http://www.breastcancer.org/treatment/surgery)  
Surgery (Dr. Susan Love Research Foundation):  
[www.drsusanloveresearch.org/surgery](http://www.drsusanloveresearch.org/surgery)  
Surgery Choices for Women with DCIS or Breast Cancer (NCI): [cancer.gov](http://cancer.gov)  
Surgery (Susan G. Komen): [komen.org/breast-cancer/surgery](http://komen.org/breast-cancer/surgery)  
Surgery for Breast Cancer (American Cancer Society):  
<https://www.cancer.org/cancer/types/breast-cancer/treatment/surgery-for-breast-cancer.html>

## Survivorship

After Treatment Ends: Tools for the Adult Cancer Survivor (CancerCare):  
[www.cancer.org](http://www.cancer.org)  
American Institute for Cancer Research: [www.aicr.org](http://www.aicr.org)  
Cancer Survivorship (American Society of Clinical Oncology): [www.cancer.net](http://www.cancer.net)  
Follow up Care for Breast Cancer (American Society of Clinical Oncology):  
[www.cancer.net](http://www.cancer.net)  
Journey Forward: <http://journeyforward.org>  
OncoLink Survivorship Care Plan: [www.oncolink.org](http://www.oncolink.org)

## Targeted and Immunotherapies

Immunotherapy (Cancer Research Institute):  
[www.cancerresearch.org/immunotherapy/what-is-immunotherapy](http://www.cancerresearch.org/immunotherapy/what-is-immunotherapy)  
Overview of Targeted Therapies for Cancer: <https://www.mycancergenome.org/>  
Personalized Cancer Therapy: <https://pct.mdanderson.org/>  
Targeted Cancer Therapies (National Cancer Institute):  
<https://www.cancer.gov/about-cancer/treatment/types/targeted-therapies/>

## Treatment Summaries

ASCO Guidelines for Breast Cancer:

<https://old-prod.asco.org/practice-patients/guidelines/breast-cancer>

Breast Cancer Treatment (American Cancer Society):

[www.cancer.org/cancer/breast-cancer/treatment](http://www.cancer.org/cancer/breast-cancer/treatment)

Breast Cancer Treatment and Side Effects (Breastcancer.org):

[www.breastcancer.org/treatment](http://www.breastcancer.org/treatment)

Breast Cancer Treatment PDQ (National Cancer Institute):

[www.cancer.gov/cancertopics](http://www.cancer.gov/cancertopics)

NCCN Guidelines for Patients: [www.nccn.org/patients/guidelines](http://www.nccn.org/patients/guidelines)

## Triple-Negative Breast Cancer

Guide to Understanding Triple Negative Breast Cancer (Living Beyond Breast Cancer): [www.lbbc.org/get-support](http://www.lbbc.org/get-support)

Triple Negative Breast Cancer Foundation: <https://tnbcfoundation.org>